

Janaury 2025



HANDMADE WITH LOVE
IN NEPAL

Namaste,

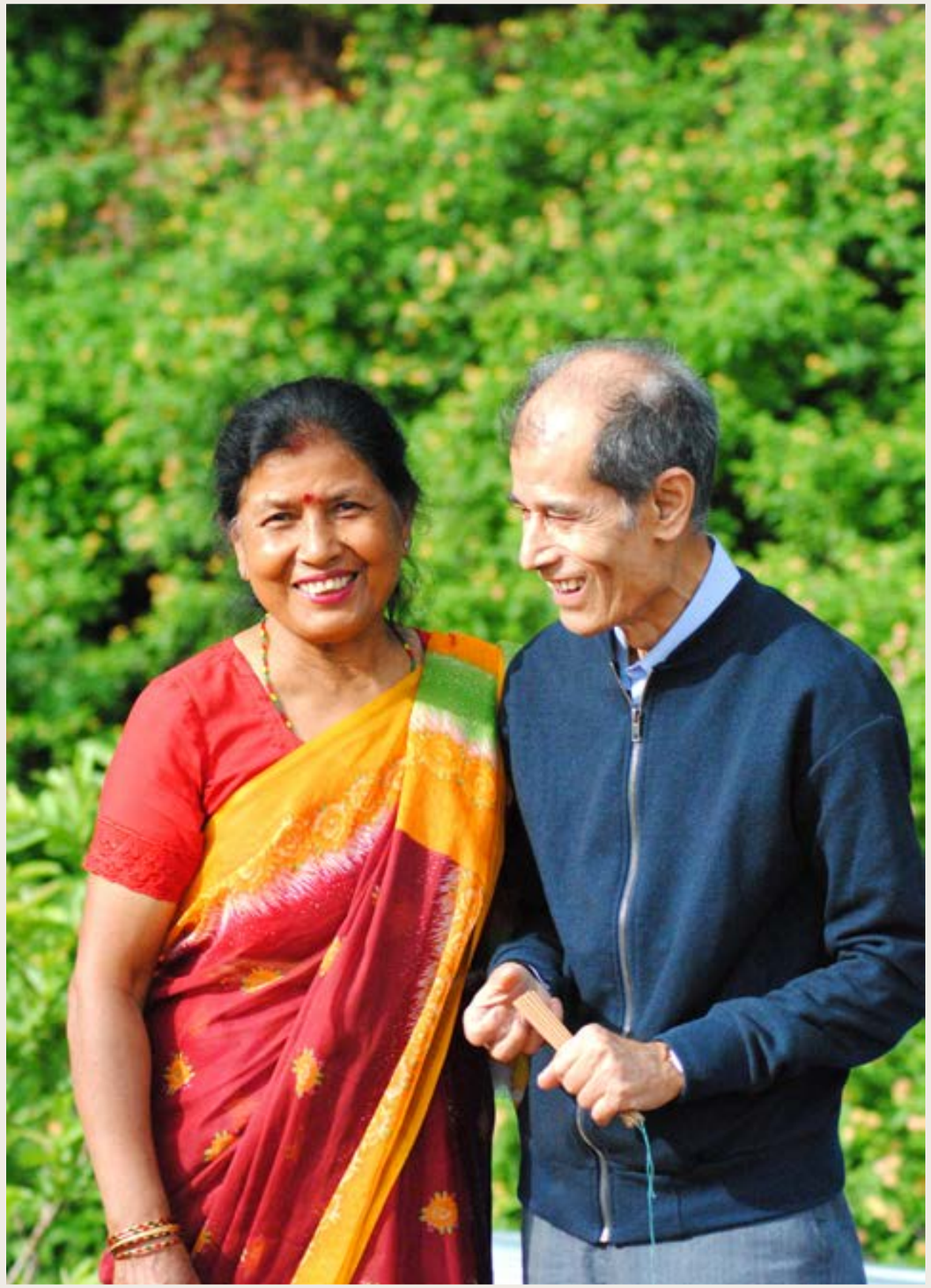
Stupa Incense is a socially and environmentally conscious cottage industry. We have been manufacturing handmade incense since last two decades. Being based in the foothill of the Shivapuri Nagarjun National Park in the Kathmandu valley, we are always inspired by our surroundings, traditions and nature.

Himalayas, from where we come from, burning incense is an important part of our culture. We use it from day to day rituals to relaxation whether it is in temples, monasteries, public space or at home.

Burning incense is more than just for aroma, it is a lifestyle, and it is for ones mental and spiritual well being.

Most of our ingredients are locally sourced, from herbs to handmade papers for packaging. Our incense are natural and non-toxic.

With love,
Tara and Narayan Newa
Founders
Stupa Incense Ind.



Aromas from Himalaya for home and living.

Valley above 3500m, full of aromatics herbs and plants.





LEFT TOP: Burning Juniper leaves and wood in the village as a part of daily house hold activity.

LEFT BOTTOM: Incense making training to local women and exchanging
empirical knowledge.

RIGHT: Ama displaying her aromatic herbs and juniper wood store in her house.





Hand mixing aromatic plants.

Beautiful textures are created with a blend of herbs, resins, leaves and bark.

















RIGHT TOP: View of incense workshop













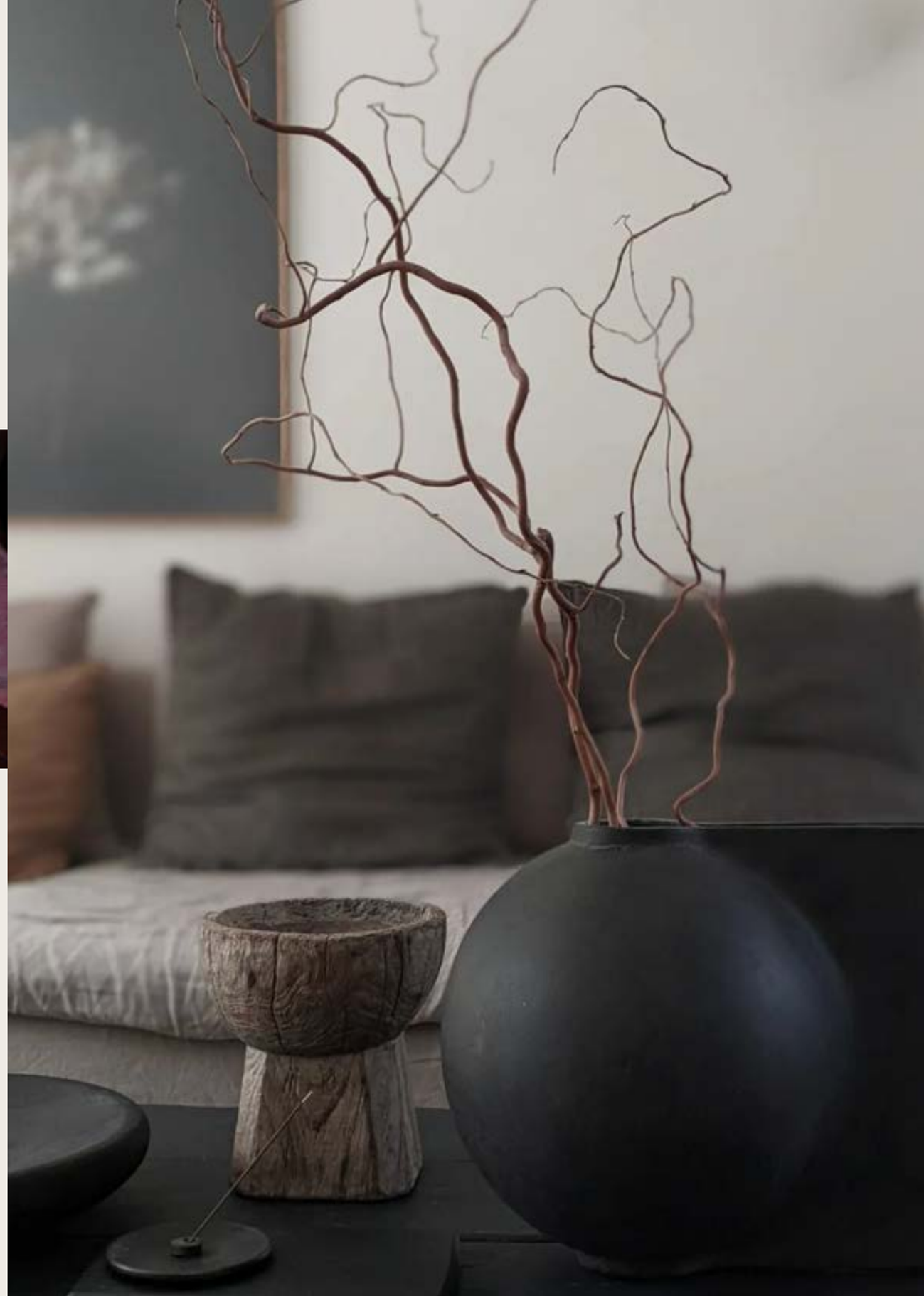


Rope incense making














THE KINFOLK HOME
NAGI CHANDA
INCENSE



Tube Incense Collection





Sandalwood Tube Incense

Notes of

Sandalwood
Greater Cardamon
Holy Basil

15 sticks | 10cm | 18g | 30mins



Himalayan Cedar Tube Incense

Notes of

Juniper
Gokul Resin
Lemon Grass

15 sticks | 10cm | 18g | 30mins



Citronella Tube Incense

Notes of

Citronella
Lemongrass

15 sticks | 10cm | 18g | 30mins



Myrrh Tube Incense

Notes of

Sugandawal
Kum-Kum
Cloves

15 sticks | 10cm | 18g | 30mins

Stick Incense Tube Collection



Nag Champa Tube Incense

Notes of

Nag Champa
Sandalwood

15 sticks | 10cm | 18g | 30mins



Dorjee Tube Incense

Notes of

Saang
Saldhoop

15 sticks | 10cm | 18g | 30mins



Austha Suganda Tube Incense

Notes of

Valerian
Liquorice
Bagchi

15 sticks | 10cm | 18g | 30mins



Na Swa Tube Incense

Notes of

Spikenard

15 sticks | 10cm | 18g | 30mins

Stick Incense Tube Collection



Frankincense Tube Incense

Notes of
Frankincense
Juniper

15 sticks | 10cm | 18g | 30mins



Devdar Tube Incense

Notes of
Cedarwood

15 sticks | 10cm | 18g | 30mins

Rope Incense Tube Collection



Krishna Rope Tube Incense

Notes of
Sandalwood

8 ropes | 10cm | 15g | 20mins



Ganesh Rope Tube Incense

Notes of
Juniper

8 ropes | 10cm | 15g | 20mins



Karma Rope Tube Incense

Notes of
Saang

8 ropes | 10cm | 15g | 20mins



Citronella Rope Tube Incense

Notes of
Citronella

8 ropes | 10cm | 15g | 20mins

Rope Incense Tube Collection



Austha Suganda Rope Tube Incense

Notes of
Valerian
Liquorice
Bagchi

8 ropes | 10cm | 15g | 20mins



Na Swa Rope Tube Incense

Notes of
Na Swa

8 ropes | 10cm | 15g | 20mins



Frankincense Rope Tube Incense

Notes of
Frankincense

8 ropes | 10cm | 15g | 20mins



Devdar Rope Tube Incense

Notes of
Cedarwood

8 ropes | 10cm | 15g | 20mins



Box Incense Collection





Sandalwood Tube Incense

Notes of

Sandalwood
Greater Cardamon
Holy Basil

40 sticks | 10cm | 77g | 30mins



Himalayan Cedar Tube Incense

Notes of

Juniper
Gokul Resin
Lemon Grass

40 sticks | 10cm | 77g | 30mins



Citronella Tube Incense

Notes of

Citronella
Lemongrass

40 sticks | 10cm | 77g | 30mins



Myrrh Tube Incense

Notes of

Sugandawal
Kum-Kum
Cloves

40 sticks | 10cm | 77g | 30mins

Box Incense Collection



Nag Champa Tube Incense

Notes of

Nag Champa
Sandalwood

40 sticks | 10cm | 77g | 30mins



Dorjee Tube Incense

Notes of

Saang
Saldhoop

40 sticks | 10cm | 77g | 30mins



Austha Suganda Tube Incense

Notes of

Valerian
Liquorice
Bagchi

40 sticks | 10cm | 77g | 30mins



Na Swa Tube Incense

Notes of

Spikenard

40 sticks | 10cm | 77g | 30mins

Box Incense Collection



Frankincense Tube Incense

Notes of
Frankincense
Juniper

40 sticks | 10cm | 77g | 30mins



Devdar Tube Incense

Notes of
Cedarwood

40 sticks | 10cm | 18g | 30mins





Rope Bundle Collection



Krishna Rope Incense (Bundle)

Notes of
Sandalwood

50 ropes | 10cm | 45g | 20mins



Ganesh Rope Incense (Bundle)

Notes of
Juniper

50 ropes | 10cm | 45g | 20mins



Karma Rope Incense (Bundle)

Notes of
Saang

50 ropes | 10cm | 45g | 20mins

Rope Incense Bundle Collection



Citronella Rope Incense (Bundle)

Notes of
Citronella

50 ropes | 10cm | 45g | 20mins



Austa Suganda Rope Incense (Bundle)

Notes of
Valerian
Liquorice
Bagchi

50 ropes | 10cm | 45g | 20mins



Na Swa Rope Incense (Bundle)

Notes of
Na Swa

50 ropes | 10cm | 45g | 20mins

Gift Collection

Yoga Incense Rope
Gift Set





This gift set is inspired by the Nepalese personal celebration called Mha Puja, meaning “worship of self”, which is used to empower your soul. It is curated for appreciation, expression, connection and most importantly as a reminder to lovingly embrace our relationship with ourselves. It provides the user with loving tools to retreat and explore the quiet space within our souls, giving us a chance to restore our equilibrium, returning us to our natural state of peace and grace.

Content

No.1 Yama *(Sandalwood Rope Incense)*
No.2 Niyama *(Citronella Rope Incense)*
No.3 Asana *(Himalayan Cedar Rope Incense)*
No.4 Pranayama *(Na Swa Rope Incense)*
No.5 Pratyahara *(Austha Suganda Rope Incense)*
No.6 Dharana *(Dorjee Rope Incense)*
No.7 Dhyana *(Frankincense Rope Incense)*
No.8 Samadhi *(Devdar Rope Incense)*

8 x 12 ropes | 10cm | 450g | 32+ hours*

Total burning time.

Yoga Incense Stick
Gift Set





Content

No.1 Yama *(Sandalwood Stick Incense)*
No.2 Niyama *(Citronella Stick Incense)*
No.3 Asana *(Himalayan Cedar Stick Incense)*
No.4 Pranayama *(Na Swa Stick Incense)*
No.5 Pratyahara *(Austha Suganda Stick Incense)*
No.6 Dharana *(Dorjee Stick Incense)*
No.7 Dhyana *(Frankincense Stick Incense)*
No.8 Samadhi *(Devdar Stick Incense)*

8 x 20 sticks | 10cm | 450g | 80+ hours*

Total burning time.

Five Dhyani Buddhas
Gift Set





Content
Ratna Sambhaba Incense - Juniper
Akshobhya Incense- Sandalwood
Virochana Incense- Spikenard
Amitabha Incense- Several blends of herbs
Amoghasiddhi Incense- Saang

5 x 22 sticks | 7in | 365g | 110+ hours

Lokta Rope Box
Gift Set





Content
Krishna Rope Incense - Sandalwood
Ganesh Rope Incense- Juniper
Karma Rope Incense- Saang
Austa Suganda Rope Incense- Several blends of herbs

4 x 15 ropes | 4in | 140g | 20+ hours



Garden Incense





Garden Incense is crafted for outdoor spaces, garden, yoga studios and big spaces.

17 inches
70 sticks
Each sticks burns 4.5 hours

This is incense is available on request.





Shanti Dhoop Incense



Shanti Dhoop
Early Morning Incense No. 1

Notes of

Sandalwood
Greater Cardamon
Holy Basil

19 sticks | 15cm | 35g | 50mins



Shanti Dhoop
Day Time Incense No. 2

Notes of

Juniper
Gokul Resin
Lemon Grass

19 sticks | 15cm | 35g | 50mins



Shanti Dhoop
Good Evening Incense No. 3

Notes of

Valerian
Liquorice
Bagchi

19 sticks | 15cm | 35g | 50mins



Incense Holder

Incense Holder Collection







Incense Holder Collection



Black Plain Holder

Hand thrown, blackfire terracotta incense holder. The finest clay is used from southern Nepal. The holder is naturally black with metallic sheen due to oxidization process occur during firing.
Useful for burning rope incense, cone incense, sage and santo palo.
Packed in handmade paper box.

D Ø 11cm
220g



Black Mountain Holder

Hand thrown, blackfire terracotta incense holder. The finest clay is used from southern Nepal. The holder is naturally black with metallic sheen due to oxidization process occur during firing.
Useful for burning rope incense and stick incense.
Packed in handmade paper box.

D Ø 11cm
220g

Incense Holder Collection



Terracotta Plain Holder

Hand thrown, terracotta incense holder. The finest clay is used from southern Nepal.
Useful for burning rope incense, cone incense, sage and santo palo.
Packed in handmade paper box.

D Ø 11cm
220g



Terracotta Mountain Holder

Hand thrown, terracotta incense holder. Clay local to Kathmandu Valley.
Useful for burning rope incense and stick incense.
Packed in handmade paper box.

D Ø 11cm
220g



Sage Incense Bowl (Medium)

Hand thrown, blackfire terracotta incense holder. The finest clay is used from southern Nepal. The holder is naturally black with metallic sheen due to oxidization process occur during firing.
Useful for burning rope incense, stick incense, palo santo and sage.
Packed in handmade paper box.

D Ø 9cm
300g



Sage Incense Bowl (Small)

Hand thrown, blackfire terracotta incense holder. The finest clay is used from southern Nepal. The holder is naturally black with metallic sheen due to oxidization process occur during firing.
Useful for burning rope incense, stick incense, palo santo and sage.
Packed in handmade paper box.

D Ø 11cm
180g

Incense Holder Collection



Palo Santo Holder

Hand thrown, terracotta incense holder. The finest clay is used from southern Nepal.
Useful for burning candle and santo palo sticks.
Packed in handmade paper box.

D Ø 11cm
230g





Black Ball Holder

Hand thrown, blackfire terracotta incense holder. The finest clay is used from southern Nepal. The holder is naturally black with metallic sheen due to oxidization process occur during firing.
Useful for burning rope incense and stick incense.
Packed in handmade paper box.

D Ø 4cm
90g



Incense Holder Collection



Tortoise Incense holder (small)

Hand thrown, blackfire terracotta incense holder. Clay local to Kathmandu Valley.

Useful for burning rope incense and stick incense.
Packed in handmade paper box.



Mouse Incense holder (small)

Hand thrown, blackfire terracotta incense holder. Clay local to Kathmandu Valley.

Useful for burning rope incense and stick incense.
Packed in handmade paper box.



Round Fish Incense holder (small)

Hand thrown, blackfire terracotta incense holder. Clay local to Kathmandu Valley.

Useful for burning rope incense and stick incense.
Packed in handmade paper box.



Flat Fish Incense holder (small)

Hand thrown, blackfire terracotta incense holder. Clay local to Kathmandu Valley.

Useful for burning rope incense and stick incense.
Packed in handmade paper box.

Incense Broom





Kuchō

Kuchō is handmade from Tiger Grass grown in the hills of Nepal. Inspired by traditional Nepalese brooms, it’s perfect for cleaning incense ashes. The fibres may shed slightly with initial use.

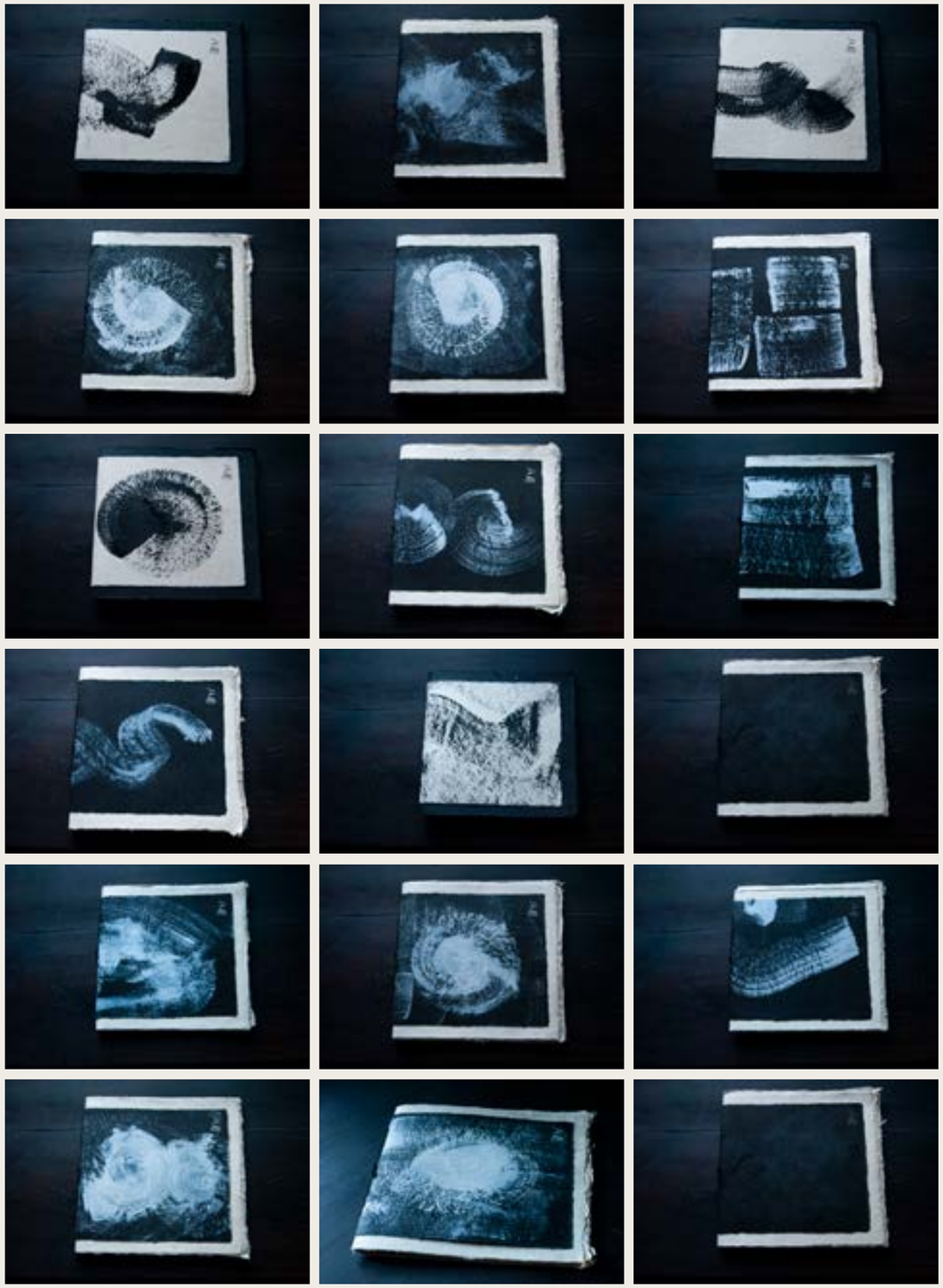
To preserve its beauty, keep it away from damp surfaces.
Useful for cleaning incense ash and dust on the surface.
Packed in handmade paper box.

L 18cm
100g





Artist Sketchbook



Artist Notebook



Artist Sketchbook
White cover, black pages

Artist Notebook is handmade using finest quality Lokta with the different mix of premium quality indigenous plants from Nepal, made with traditional Japanese techniques. Each covers are uniquely hand-painted by an artist.

Perfect for acrylics and charcoal painting.
Keep in dry place away from damp surfaces.
Packed in handmade stitched paper envelope.

29x29cm
40pages
250g



Artist Sketchbook
Black cover, white pages

Artist Notebook is handmade using finest quality Lokta with the different mix of premium quality indigenous plants from Nepal, made with traditional Japanese techniques. Each covers are uniquely hand-painted by an artist.

Perfect for acrylics and charcoal painting.
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29x29cm
40pages
250g











Hemp Yarn
Incense Threads

These hemp yarn are harvest and hand card in rural western high hills from Nepal.

100g

LEFT BOTTOM: Hemp fiber.

RIGHT BOTTOM: Woman making hemp yarn by hand.